

GLUTEN FREE

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

STARTERS

GARDEN SALAD LC V choice of gluten-free dressing 4.95	HUMMUS PLATTER LC V marinated feta, fresh vegetables 8.95	BUTTERNUT SQUASH SOUP LC cup 4.50 bowl 5.50
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ENTREES

GRILLED CHICKEN pommery mustard sauce, roasted green top carrots, whipped potatoes 12.95	TELLICHERRY PEPPER CRUSTED TENDERLOIN whipped potatoes, roasted green top carrots, pommery mustard sauce on side 24.95
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Salads and Sandwich

MANDARIN CHICKEN SALAD LC
mixed greens, grilled chicken breast, red peppers, almonds, water chestnuts, edamame, Signature Toasted Sesame dressing 11.95

CHICKEN CAESAR CHOP SALAD
Romaine, chicken, pine nuts, Wisconsin Parmesan and Asiago, gremolata, housemade Caesar dressing 11.95

GLUTEN FREE DRESSINGS:

*Signature Toasted Sesame ≈ White balsamic vinaigrette
Oil and vinegar ≈ Apple cider vinaigrette*

SMOKED TURKEY SANDWICH LC
provolone, lettuce, tomato, Dijon mustard on gluten-free whole grain bread
Choose side of: fruit, garden salad, or hummus & veggies 10.50

desserts

CARAMEL MACCHIATO POT DE CRÈME LC
Stonewall Kitchen Sea Salt Caramel Sauce, chocolate custard, white chocolate mousse 3.95

FLOURLESS CHOCOLATE CAKE
powdered sugar, chocolate sauce 5.95

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Check out www.macyrestaurants.com to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC LESS THAN 650 CALORIES V VEGETARIAN