Gluten-Free

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

Starters

Soup of the day GF cup 4.25 bowl 5.25

Garden Salad LC V GF choice of gluten-free dressing 4.95

Hummus Platter LC V GF marinated Wisconsin Feta, fresh vegetables 7.95

Entrees

Grilled Chicken GF pommery sauce, fresh vegetables, side of brown rice 11.95

Grilled Salmon GF fresh vegetables, side of brown rice 15.95

Salads

Mandarin Chicken Salad LCGF

mixed greens, grilled chicken breast, red peppers, green onions, almonds, water chestnuts, pea pods, Signature Toasted Sesame dressing 10.95

Maurice Salad GF ham, turkey, Wisconsin Monterey Jack, lettuce, egg, sweet gherkins, olives and our Signature Maurice dressing 10.95

Gluten-Free Dressings:

Signature Toasted Sesame Signature Maurice White balsamic vinaigrette Oil and vinegar

Sandwich

Rotisserie Turkey Sandwich GF provolone, lettuce, tomato, Dijon mustard on gluten-free whole grain bread

choose side of: fruit, garden salad, or hummus & veggies 9.95

Dessert

2 Scoops of Ice Cream GF 3.00

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Check out www.macysrestaurants.com to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC less than 650 calories V vegetarian GF gluten-free