

# Gluten-Free

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

## Starters

**Soup of the day** <sup>GF</sup>  
cup 4.25 bowl 5.25

**Garden Salad** <sup>LC V GF</sup>  
choice of gluten-free  
dressing 4.95

**Hummus Platter** <sup>LC V GF</sup>  
marinated Wisconsin  
Feta, fresh  
vegetables 7.95

## Entrees

**Grilled Chicken** <sup>GF</sup>  
pommery sauce,  
fresh vegetables,  
side of brown rice 11.95

**Grilled Salmon** <sup>GF</sup>  
fresh vegetables,  
side of brown rice 15.95

## Salads

**Mandarin  
Chicken Salad** <sup>LC GF</sup>  
mixed greens, grilled  
chicken breast, red  
peppers, green onions,  
almonds, water chestnuts,  
pea pods, Signature  
Toasted Sesame  
dressing 10.95

**Maurice Salad** <sup>GF</sup>  
ham, turkey, Wisconsin  
Monterey Jack, lettuce,  
egg, sweet gherkins,  
olives and our Signature  
Maurice dressing 10.95

**Gluten-Free Dressings:**  
Signature Toasted Sesame  
Signature Maurice  
White balsamic vinaigrette  
Oil and vinegar

## Sandwich

**Smoked Turkey Sandwich** <sup>GF</sup>  
provolone, lettuce, tomato, Dijon  
mustard on gluten-free whole grain bread  
  
choose side of: fruit, garden salad,  
or hummus & veggies 9.95

## Dessert

**2 Scoops of Ice Cream** <sup>GF</sup> 3.00

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Check out [www.macysrestaurants.com](http://www.macysrestaurants.com) to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

<sup>LC</sup> less than 650 calories <sup>V</sup> vegetarian <sup>GF</sup> gluten-free